



# COME PLAY HOCKEY!

## DEVELOPMENTAL SKATING AND HOCKEY PROGRAMS

### Learn to Skate & Play

Program Begins Saturday, Nov. 17<sup>th</sup>

Talbot Rink | Saturdays @ 9am

This program is for boys and girls ages 3 to 10 that are beginners or brand new skaters. Children will learn the techniques of skating and the beginning skills of hockey. The Learn to Skate (LTS) program is designed to develop strong basic skating skills (balance, stride edges & stopping) as an introductory program for children interested in both hockey and skating. Players who have mastered basic skating skills will progress to "Learn to Play" hockey group as part of the LTS program.

*Equipment Required: Skates, helmet with cage, gloves/mittens. Experienced skaters will need a hockey stick. Elbow and knee pads are also recommended to soften falls on the ice.*

**Program Fee: \$195 - 18 Week Program**

### Cape Ann Cross Ice

Program Begins Saturday, Oct. 13<sup>th</sup>

Talbot Rink | Saturdays @ 8am & Sundays @ Noon

This program is for boys and girls age 5 to 10 that have basic skating skills (at least one year of Learn to Skate & Play) and are ready to participate in a competitive game environment utilizing the width of the rink. The program will follow USA Hockey's American Development Model (ADM) and will emphasize skills development. Players are placed on one of 4-6 teams, depending upon enrollment. One session will be exclusively skills development and the other session will be competitive, cross-ice scrimmage with on-ice guidance from coaches.

*Equipment Required: Skates, helmet with cage, hockey stick, hockey gloves, shoulder, elbow & shin pads.*

**Program Fee: \$200 - 10 Week Program  
\$400 - 20 Week Program**

For more information visit [CAPEANNYOUTHOCKEY.COM](http://CAPEANNYOUTHOCKEY.COM)  
or contact CAYH Registrar at [REGISTRAR@CAPEANNYOUTHOCKEY.COM](mailto:REGISTRAR@CAPEANNYOUTHOCKEY.COM)

# COME SKATE. MAKE FRIENDS. HAVE FUN!!