MARCH 2020
Rockport High School

Monday
- Happy Birthday Dr. Seuss!
- Go Dog Go Hot Dog
- Toot Your Own Horn Corn
- WHO Has Potatoes
- Fresh Lorax Orange Wedges
- Fat Free Strawberry Milk
- Roasted or Buffalo Chicken Filet Sandwich
- Lettuce, Tomato, & Cheese On a WG Roll
- Cape Cod Chips & Pickle
- Crunchy Carrots
- Applesauce
- Crispy Chicken Nuggets
- Oven Fries
- Sweet Steamed Carrots
- Chilled Pears
- Nashville Hot Style Chicken w/ WG Donut bites
- Cole Slaw
- BBQ Baked Beans
- Applesauce Cups
- Philly Chicken Sub with Grilled Peppers & Onions
- Sweet Carrots
- Roasted Potatoes
- Applesauce

Tuesday
- BBQ Pork on a WG Roll
  OR Ham & Cheese Panini
  Cole Slaw
  BBQ Beans
  Buffalo Roasted Cauliflower
  Craisins
- Grilled Cheese
  Creamy Tomato Soup
  Carrot-Celery Sticks
  Ranch Dip
  Leprechaun Poke Cake
- Viking Sampler Basket
  Chicken Tenders, Mozzarella Sticks, Tortilla Chips, salsa, Marinara Sauce
  Veggie Sticks
  Chicken Noodle Soup
- Mashed Potato Bar
  You top it!
  Popcorn Chicken, Taco Beef, BBQ Pork, Broccoli, Cheeses, Grilled Peppers & Onions, & More!
  Sweet Corn

Wednesday
- Brunch for Lunch
  Whole Grain Pancakes
  Syrup-Breakfast Sausage
  Scrambled Egg Patty
  Cinnamon Carrots
  Fresh Grapefruit Wedges
- Homemade Lasagna
  Green Beans
  Spinach Salad
  WG Dinner Roll
- Taco Tuesday!
  Cheesy Beef Nachos
  Or Taco Salad
  Spanish Style Rice
  Mexicali Bean Salad
- Fresh Pear
  Cheesy Meatball Sub
  OR Turkey & Cheddar Panini
  Sweet Potato Fries
  Garden Salad
  Fresh Gala Apple

Thursday
- Homemade Creamy Mac & Cheese
  Lemony Broccoli
  Spring Peas
  Applesauce
- Steak and Cheese Sub
  Sweet Corn
  Diced Carrots
  Chilled Pears
- Teriyaki Dippers
  Seasoned Rice
  Asian Green Beans
  Garden Salad
- Pineapple Tidbits
- Creamy Chicken & Biscuits
  Mixed Veggies
  Sweet Corn
- Homemade Peach Cobbler

Friday
- Pizza Day!!
  Veggie Pasta Salad
  Crunchy Carrots
  Chilled Pears
- Pizza Day
  Garden Salad
  Honey Roasted Chick Peas
  Chilled Peaches
- Pizza Day
  Garden Salad
  BBQ Pork on a WG Roll
  OR Ham & Cheese Panini
  Cole Slaw
  BBQ Beans
  Buffalo Roasted Cauliflower
  Craisins

½ Day
Breakfast and snacks are served between 7:30-8:15

New!
Check our new sandwiches on our new Panini grill!
New Salads and Wraps too!

A variety of fresh Fruits and Vegetables are available daily! Assorted Local Milk Choices are available daily.
The USDA is an equal opportunity employer and provider. Menu subject to change without notice.